

PHYSICAL EDUCATION CURRICULUM MAP FOR GRADES 2-3

(Suggested timeline for introducing content and process standards – some overlap all three trimesters)

Physical Education Standards	1 st Trimester <i>On Your Mark</i>	2 nd Trimester <i>Get Set!</i>	3 rd Trimester <i>Go!</i>
1. Students will demonstrate competency in many movement forms and proficiency in a few movement forms.	<ul style="list-style-type: none"> • Mature form 1.1.1 • Gross locomotor patterns and combination patterns 1.1.2 • Movement, e.g. locomotor, non-locomotor, directionality, levels, tempo , etc. 1.2.1 • Combination movement skills/lead-up activities 1.4.1 <ul style="list-style-type: none"> ○ Dance/rhythm (Building a Foundation, Aerobic games [3], Fitness [3]))* ○ Fitness (Aerobic games [3], Fitness [3])* ○ Cooperative (Building a Foundation, Parachute, Catching and Throwing, Dance)* ○ Territory and field sport (Football [3], Basketball [3]), Softball [3], Hockey [3]) * 	<ul style="list-style-type: none"> • Mature form 1.1.1 • Gross locomotor patterns and combination patterns 1.1.2 • Movement, e.g. locomotor, non-locomotor, directionality, levels, tempo , etc. 1.2.1 • Manipulative skills 1.3.1 • Combination movement skills/lead-up activities 1.4.1 <ul style="list-style-type: none"> ○ Dance/rhythm (Building a Foundation, Aerobic games [3], Fitness [3]))* ○ Fitness Jumping, Balance, Stunts, Tumbling, (Aerobic games [3], Fitness [3])* ○ Cooperative (Building a Foundation, Parachute, Catching and Throwing, Dance)* ○ Recreational (Manipulatives)* 	<ul style="list-style-type: none"> • Mature form 1.1.1 • Gross locomotor patterns and combination patterns 1.1.2 • Movement, e.g. locomotor, non-locomotor, directionality, levels, tempo , etc. 1.2.1 • Manipulative skills 1.3.1 • Combination movement skills/lead-up activities 1.4.1 <ul style="list-style-type: none"> ○ Net (Catching and Throwing, Manipulatives , Dribbling, Volleying, Striking, Volley ball [3])* ○ Territory/field sport (Kicking and Trapping, Dribbling, Volleying, Striking , Basketball [3], Softball [3], Hockey [3])* ○ Striking (Dribbling, Volleying, Striking, Softball [3], Soccer [3], Volley ball [3])* ○ Cooperative (Games, Aerobic Games [3])* ○ Recreational (Catching and Throwing, Kicking and Trapping, Dribbling, Volleying, Striking, Games, Aerobic games [3])*
2. Students will apply movement concepts and principles to the learning and development of motor skills.	<ul style="list-style-type: none"> • Movement vocabulary 2.1.1 • Biomechanical principles 2.2.1, 2.2.2 • Learning cues and feedback 2.3.1-2.3.2 	<ul style="list-style-type: none"> • Movement vocabulary 2.1.1 • Biomechanical principles 2.2.1, 2.2.2 • Learning cues and feedback 2.3.1-2.3.2 	<ul style="list-style-type: none"> • Movement vocabulary 2.1.1 • Biomechanical principles 2.2.1, 2.2.2 • Learning cues and feedback 2.3.1-2.3.2 • Offensive defensive strategies 2.4.1
3. Students will understand the implications of and the benefits derived from involvement in physical activity.	<ul style="list-style-type: none"> • Physical Activity Benefits 3.1.1, 3.2.1, 3.3.3 <ul style="list-style-type: none"> ○ Physical ○ Emotional ○ Social • Self-expression 3.4.1 	<ul style="list-style-type: none"> • Physical Activity Benefits 3.1.1, 3.2.1, 3.3.3 <ul style="list-style-type: none"> ○ Physical ○ Emotional ○ Social • Self-expression 3.4.1 	<ul style="list-style-type: none"> • Physical Activity Benefits 3.1.1, 3.2.1, 3.3.3 <ul style="list-style-type: none"> ○ Physical ○ Emotional ○ Social • Self-expression 3.4.1
4. Students will apply physical activity-related skills and concepts to maintain a physically active lifestyle and a health-enhancing level of physical fitness.	<ul style="list-style-type: none"> • Fitnessgram test 4.1.1, 4.2.1 – 4.2.3 • Physical fitness testing results 4.3.1 • Components of physical fitness 4.5.1 	<ul style="list-style-type: none"> • Physical fitness testing results 4.3.1 • Components of physical fitness 4.5.1 • Technologies and monitoring physical fitness 4.6.1, 4.6.2 	<ul style="list-style-type: none"> • Physical fitness testing results 4.3.1 • Progress in fitness 4.4.1 • Components of physical fitness 4.5.1

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5. Students will demonstrate responsible personal and social behavior in physical activity settings.	<ul style="list-style-type: none"> • Self-Control and space 5.1.1 • Laws, rules, procedures, and etiquette 5.2.1 • Safety 5.3.1 <ul style="list-style-type: none"> ○ space ○ clothing and footwear ○ equipment • Work cooperatively and productively 5.4.1 • Open Circle 5.4.2 • On task behavior 5.5.1 • Appropriate interactions with peers in physical activity setting 5.6.1, 5.6.2, 5.6.3, 5.6.4 • Responsibility 5.7.1 • Winning and losing 5.7.2 • Inclusion of others 5.7.3 	<ul style="list-style-type: none"> • Self-Control and space 5.1.1 • Laws, rules, procedures, and etiquette 5.2.1, 5.2.2 • Safety 5.3.1 <ul style="list-style-type: none"> ○ space ○ clothing and footwear ○ equipment • Work cooperatively and productively 5.4.1 • Open Circle 5.4.2 • On task behavior 5.5.1 • Appropriate interactions with peers in physical activity setting 5.6.1, 5.6.2, 5.6.3, 5.6.4 • Responsibility 5.7.1 • Winning and losing 5.7.2 • Inclusion of others 5.7.3 	<ul style="list-style-type: none"> • Self-Control and space 5.1.1 • Laws, rules, procedures, and etiquette 5.2.1, 5.2.2 • Safety 5.3.1 <ul style="list-style-type: none"> ○ space ○ clothing and footwear ○ equipment • Work cooperatively and productively 5.4.1 • Open Circle 5.4.2 • On task behavior 5.5.1 • Appropriate interactions with peers in physical activity setting 5.6.1, 5.6.2, 5.6.3, 5.6.4 • Responsibility 5.7.1 • Winning and losing 5.7.2 • Inclusion of others 5.7.3
6. Students will understand that internal and external environments influence physical activity.	<ul style="list-style-type: none"> • Appropriate and safe areas in the community 6.1.1-6.1.2, 6.2.1 • Media and technology 6.3.1, 6.3.2 • Promotion of physical activity 6.4.1 • Community organizations 6.5.1 • Reliable and valid resources 6.6.1, 6.6.2 	<ul style="list-style-type: none"> • Appropriate and safe areas in the community 6.1.1-6.1.2, 6.2.1 • Media and technology 6.3.1, 6.3.2 • Promotion of physical activity 6.4.1 • Community organizations 6.5.1 • Reliable and valid resources 6.6.1, 6.6.2 	<ul style="list-style-type: none"> • Appropriate and safe areas in the community 6.1.1-6.1.2, 6.2.1 • Media and technology 6.3.1, 6.3.2 • Promotion of physical activity 6.4.1 • Community organizations 6.5.1 • Reliable and valid resources 6.6.1, 6.6.2